



CALVERTON SWIM CLUB 2010 HANDBOOK and DIRECTORY OF OWNERS

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GENERAL INFORMATION:

Hours of Operation:

Check the season calendar in the center of the Handbook for the operating hours each day. We will begin regular operating hours on June 14.

Please note that the water closes 15 minutes before the Club grounds close for the evening. All members and guests are expected to stop activity and leave the facility at closing time in order for the staff to close up on time.

Rules and Regulations governing Club operations are printed on pages 5-9 of the Handbook. Please read and discuss the rules with your family and guests.

Membership Cards must be surrendered at the front desk upon entry to the Club and are to be picked up when leaving. There will be no entry allowed without a card. **Photos must be on cards of all members meeting the criteria to have photo identification cards.**

Swim & Dive Lessons, Swim & Dive Teams, & Volleyball & Horseshoe Teams are open to members only (including seasonal members).

Swimming Lessons for all ages and abilities will be available from staff members under the general supervision of the Club Manager. Group, semiprivate, and private lessons are offered. Lessons for disabled members may be available on a private or semiprivate basis. Dates will be announced. Members may sign up at the Club office.

Diving Lessons for all ages and abilities may be offered by the Dive Team coaches. Lessons will be announced. Members may sign up with the Dive Team coaches.

Lifesaving Classes may be offered in August. Inquire at the Club office for further information.

Phone: (front desk) 572-4203. The front desk phone is for Club business only. During the season, voice mail is in operation on the front desk phone when the Club is closed.

Associate Memberships are available to unmarried adult children of pool members in good standing who no longer live at home. For more information on this program or other membership issues, please contact a member of the Membership Committee.

Single Rental Memberships are available to any one adult (age 18 or over).

General Membership Meetings are scheduled for Sunday, June 27 at 6:00 p.m. and on Sunday, September 5 at 5:00 p.m.

GUEST FEES AND PROCEDURES

Members must purchase a Guest Coupon for each guest they wish to sponsor to enter the Club.

The coupon must be completed and signed by the sponsoring member, and surrendered by the member at the entrance to the Club when the guest enters (with the sponsoring member). The Guest Coupon will be kept as a record of the guest's visit.

Guest Coupon Fees:

Weekdays - \$5.00 per person
Saturdays, Sundays, and Holidays - \$7.00 per person

Sheets of eight (8) Guest Coupons are available at \$25.00 each, allowing up to eight weekday visits (a \$40.00 value), or four weekend/holiday visits (a \$28 value). To facilitate entry to the Club, please complete pre-purchased Guest Coupons before coming to the Club.

Guests leaving the facility before the sponsoring members are requested to stop at the front desk on the way out so their departure can be recorded.

While at the Club, sponsoring members are responsible for their guests and for the actions of their guests, including any damage caused by the guests. To avoid problems, members are urged to review the Club's rules with guests before coming to the Club.

Guests must leave the facility when the member leaves, unless another member is willing to sponsor the guest. In that case, both members must go to the front desk to make those arrangements.

ELECTION OF MEMBERS OF THE BOARD OF DIRECTORS

The terms of five (5) members of the Board of Directors expire at the end of this season, all of whom are eligible for re-election. Members interested in the well being and growth of the Club are encouraged to consider seeking a seat on the Board. The role is challenging, but rewarding, and is a great and necessary service to the Club.

Nominations for the Board of Directors may be submitted by any member in good standing. Nominees should complete the Candidate Nomination Form, have it endorsed by five other members and submit it to the Secretary by **August 21, 2010**. Forms will be available in the Club office in mid-August. Elections will be held on **September 5, 2010**.

CALENDAR OF EVENTS

The calendar, beginning on page 10 of the Handbook, is provided for members' information. All events are subject to change. Please be sure to check for information posted at the Club or on the Club's website.

SWIM TEAM

The Club participates in the Montgomery County Swim League, with a full slate of A and B meets. For details see the calendar in the center of the Handbook. The Swim Team will once again offer its successful pre-team program for swimmers aged 5-7. This program is a terrific bridge between swim lessons and competitive swimming!

For more information about administrative aspects of the swim team including signing up to volunteer to help with the team or pre-team, contact one of the Team Representatives, David Clifford (240/793-2372) or Ellen Carroll (301/384-7142). For questions about practices, ability levels, and other Swim Team matters, contact the Swim Team Coach.

DIVE TEAM

Dive team information will be posted at the pool. The schedule of meets is included in the calendar in the center of the Handbook. Further information and forms can be obtained from Jen Zinderman (301/362-5950), Kim Griffith (301/776-3245) or Ondine Doore (301/572-2385).

VOLLEYBALL

Volleyball at Calverton is both a recreational and competitive sport. It is incumbent upon all who participate in volleyball to do so in the spirit of recreation and good sportsmanship, and to make the game enjoyable for all who are playing. Players must also recognize the competitive nature of volleyball and accept that, as with any athletic contest, a degree of risk is associated with participation.

2010 leagues will include Men's, Women's, and Coed Sixes, and Threes/Fours. Registration fees are \$8 per player for each league. Fees must be paid to the commissioner of the appropriate league by July 15. Rosters for the Sixes leagues shall consist of a minimum of eight players, four men and four women for coed. All rosters are due to the commissioners by the second league game. Persons interested in playing who are not on a team should contact the posted team captains or sign up on a substitute list. Players must be at least 14 years of age prior to December 31, 2010. Contact a league commissioner for more information and detailed rules.

Adults will be given priority on the sand courts on Saturdays and Sundays when the other sand courts are being used for league play.

HORSESHOES

The Club will have a 2010 horseshoe league on Friday evenings. Registration fees are \$5 per player. If you are interested, please contact Terry Thomas (301/572-4021).

HANDBALL

The Club will have a 2010 handball league. Registration fees are \$5 per player. Players must be at least 12 years of age prior to December 31, 2010. Contact a league commissioner for more information and detailed rules.

**CALVERTON SWIM CLUB
2010 Board of Directors**

Dive Team Liaison Swim Team Liaison Membership Committee	Kari Banks 2721 Deer Ridge Drive Silver Spring, MD 20904	301-890-1730 Term expires – 2011
First Vice-President Membership Committee	Sandy Berberich 2028 Mayflower Drive Silver Spring MD 20905	301-236-9615 Term expires – 2011
Operations Committee	Frank Cockrell 13116 Taney Drive Beltsville, MD 20705	301-572-7316 Term expires - 2011
Assistant Secretary Operations Committee	Alison Praisner-Klump 12324 Palermo Drive Silver Spring, MD 20904	301-572-8016 Term expires – 2010
Treasurer Operations Committee Liaison to APS & Montgomery County Swim Club	Duncan Munro 13103 Ivy Drive Beltsville MD 20705	301-572-7184 Term expires – 2010
President Operations Committee Newsletter Social Committee	Nikki Munro 12900 Innisbrook Drive Beltsville, MD 20705	301-572-2474 Term expires – 2010
2 nd Vice President Operations Committee Volleyball & Handball Liaison	John Niedermair 12203 Lemar Court Silver Spring MD 20904	301-572-2269 Term expires – 2010
Assistant Treasurer Membership Committee Social Committee Volleyball Liaison	Karen Pugh	301-937-7188 Term expires – 2011
Secretary Social Committee	Laurie Zebrowski 2411 Starcrest Drive Silver Spring, MD 20904	301-879-2162 Term expires – 2010

Staff and Volunteers

Manager: Dan Feher
Assistant Manager/Head Guard:
 Danny Favret, John Niedermair

A Swim Team Rep(s)
 David Clifford and Ellen Carroll

B Swim Team Reps -
 Adriane Donkers and Karen Bozievich

Swim Team Head Coach - Tony Murray
Swim Team Assistant Coaches: Adrienne
Bush, Megan Bush
Pre-Team Coach: Kelly Carroll

Dive Team Rep(s): Jen Zinderman, Kim
Griffith and Ondine Doore
Dive Team Head Coach: Dana Simms
Dive Team Assistant Coach: Devon Rinkel

Volleyball Coordinator: Jeff Paniati
Volleyball League Commissioners
Coed: Brian Munro
Women's: Karen Pugh, Kathleen Morris
Men's: Bob Emmons
Threes and Fours: Kevin Morris
Youth: Karen & Dan Maszkiewicz

Social Committee
Pre-teen Nights: Laurie Albrecht
Movie Nights: Lauren & Shaj Jagtiani
BBQ & Campout: John Niedermair
Family Fun Day, Noodle Nights: Nikki Munro
Crab Feast: Karen Pugh
Family Bingo Night: Gail Munro, Nikki Munro
Teen Night: Alison Praisner-Klump

Calverton Swim Club's Top Eleven Rules

1. NO GLASS CONTAINERS OF ANY KIND PERMITTED ON THE CLUB GROUNDS.
2. NO RUNNING ON THE DECK.
3. OBSERVE NO DIVING AREAS INDICATED ON THE SIDE OF THE POOL.
4. NO FLIPS, SPINS, OR CANNONBALLS OFF THE SIDE OF THE POOL.
5. NO EXCESSIVE SPLASHING IN THE POOL OR SPLASHING OUT OF THE POOL.
6. NO EATING, DRINKING, OR SMOKING ON THE DECK (INCLUDING IN THE BABY POOL OR AT THE TABLES UNDER THE AWNING).
7. NO FIGHTING, ROUGH HOUSING, OR HORSEPLAY PERMITTED ON THE CLUB GROUNDS.
8. CHILDREN UNDER AGE EIGHT (8), AND CHILDREN UNDER AGE 15 WITHOUT A PATCH, MUST BE SUPERVISED BY AN ADULT 18 OR OVER AT THE CLUB.
9. ALCOHOL CONSUMPTION AND SMOKING ARE PERMITTED IN DESIGNATED AREAS ONLY.
10. ONLY PARTICIPANTS ARE PERMITTED IN THE POOL AREA DURING LESSONS AND TEAM PRACTICES. WHEN THE POOL IS NOT OPEN FOR GENERAL USE; NON-PARTICIPANTS MAY OBSERVE THE ACTIVITY FROM DESIGNATED OBSERVATION AREAS, UNLESS OTHERWISE AUTHORIZED BY THE OPERATIONS COMMITTEE.
11. MEMBERS ARE RESPONSIBLE TO ENSURE THEIR GUESTS UNDERSTAND AND FOLLOW THE RULES.

GENERAL

Rules and regulations are developed in cooperation with the pool management company, and in compliance with Montgomery County Health Department regulations, and are approved by the Board of Directors to ensure the safe and sanitary operations of the pool and to enhance the enjoyment of all members and guests using the facilities. The rules are enforced by the Manager and staff. Comments or complaints should be addressed to the President or a member of the Operations Committee, not to the Manager or members of the staff.

Members are asked to instruct their children and guests to observe these rules and to follow the direction of the staff. Failure to comply with the rules can result in suspension of pool privileges. Parents are further expected to set an example for children by knowing and following these rules themselves, and to recognize the staff's responsibility to enforce rules equally for both adults and children.

The Pool Manager on duty has the authority to temporarily deprive any member from using the Club's facilities. Suspensions may be appealed in writing to the Board of Directors. Any suspension of a minor (under 18) will require contact between the manager and a parent or guardian as a condition of ending the suspension.

Rules and regulations are subject to change. Any changes made after the handbook is printed will be prominently posted.

MEMBERS' RESPONSIBILITIES

- Members and guests use the pool at their own risk. The Club is not responsible for injuries arising from such use.
- The Club accepts no responsibility for lost or stolen property. Members are strongly advised not to leave valuables in plain view, in the bath house, or in their cars.
- At the beginning of each season, membership cards must be picked up by a responsible family member. Membership cards must be presented upon arrival at the pool and picked up when leaving. Cards will be collected near the end of each season.
- Membership cards are not transferable and may be used only by the person named on them. Misuse may result in suspension or revocation of membership privileges.
- Members will be charged a \$5.00 fee for replacement of lost cards.
- Cards of family members under the age of 18 will show the member's date of birth.
- Members are responsible for damage caused by themselves, their dependents, or their guests to Club property and will be billed for repair or replacement costs.

GUEST PRIVILEGES

- A sponsor is a member who brings a guest to the pool and/or accepts responsibility for the actions of the guest.
- Member sponsors must pay for guests to enter. Payment will not be accepted from a guest. Sponsors may establish a guest account by advance payment, or may pay at the time of entry.

- Guests may only enter and remain at the Club when accompanied by a sponsor.
- The sponsor, or a family member over age 15, must accompany guests at all times.
- The Manager is authorized to grant limited guest sponsorship privileges to members under age 15. Parents of children interested in this option should contact the Manager in person.
- Guests under age 15 must be accompanied at all times by a member over age 15 and are subject to all pool regulations.
- A child under age 15 may bring one adult guest to the pool.
- Each family is limited to five (5) guests at a time, unless pre-approved by the Manager.

ACTIVITIES

- Only participants are permitted in the pool area during lessons and team practices. When the pool is not open for general use, non-participants may observe the activity from designated observation areas. Except upon the express approval of the Operations Committee, recreational areas of the facility (playgrounds, volleyball courts, baby pool, etc.) may not be used at these times.
- Except during scheduled Club activities, a lane rope for lap swimming will be in place from pool opening until 1:00 pm and from 6:00 pm to closing, Monday through Saturday and opening until 2:00 p.m. and from 6:00 p.m. to closing on Sundays. The manager on duty may extend the hours based on requests and bather load. Non-lap swimmers are not permitted in lap lane(s).
- Group and individual swimming and diving lessons are available to members only for a separate fee.
- When the grounds are open for a designated event, and the pool is closed, entry onto the concrete deck is strictly prohibited.
- The Club will be closed to the General Membership during certain special events as published in the annual calendar. See the annual calendar for the dates and times for these planned special events.

SUPERVISION OF CHILDREN

- Children under age 8 and children under age 15 without a swimming ability patch (see safety rules), must be supervised by an adult while at the Club. Unsupervised children will not be allowed to remain at the facility.
- Lifeguards signal a 15-minute rest break every hour. Children under age 15 as of December 31 of the current year are required to leave the main pool during the break.
- Use of the baby pool is limited to children age 6 or younger who do not have a swimming ability patch. Each child must be supervised by an adult or babysitter responsible for the child's safety and conduct.

HEALTH

- Admission to the pool may be denied to any person having an infectious condition that can be readily spread via air, water, or through casual contact. Such conditions include, but are not limited

to, sore or inflamed eyes, flu, and those conditions producing obvious nasal or ear discharge.

- No pets are allowed on the Club grounds.
- All persons must shower before entering the pool. All persons entering the pool deck from the grass area must use the foot baths.
- Children who are not potty trained must wear swim diapers or rubber pants over their diapers before entering the pool.
- Eating, drinking and smoking are prohibited on the pool deck. Drinking water in clear plastic containers with lids is permitted on the deck.
- Alcohol consumption and smoking on Club grounds is permitted only in designated areas. Those persons smoking in the designated smoking areas are asked to use the provided receptacles to dispose of smoking debris.

FACILITIES

- Use of the designated handicapped parking spaces is limited to handicapped persons. Please do not park in the handicapped parking spaces unless you are entitled to do so.
- Members and guests are responsible for disposing of their own trash in the trash receptacles provided. Parents are responsible for their children's trash. Members and guests are asked to recycle plastic and paper products in recycle bins provided.
- Cooking facilities are located in the upper grass area. There are five grills within the large brick structure. The grills are for the use of all members and their guests. Climbing on the grills is prohibited. Members with special dietary needs may bring their own cooking equipment to the Club upon approval of the Manager or President of the Board.
- The low chairs must remain in the baby pool.
- Members and guests are requested to place towels on chairs or lounges to prevent suntan oils from damaging the straps.

SAFETY

- **NO GLASS CONTAINERS OF ANY KIND ARE PERMITTED ON POOL PROPERTY, INCLUDING THE PARKING LOT.**
- No diving is permitted from the pool edge into water less than 5 feet deep. Signs on the pool deck mark safe water depths.
- Diving or jumping must be straight away from the side. Flips, spins, twists, cannonballs, or similar entries are prohibited.
- Only one person may be on a diving board at a time. Diving is permitted only straight away from the board and the next diver must wait until the previous diver has reached the exit ladder before diving. Dives and actions judged unsafe by the guard on duty are prohibited.
- No child under age 15, including swim and dive team members, may use the diving board without wearing a patch or wristband indicating he or she has passed a swimming ability test administered

by the manager/staff. A patch will be issued to each member at the time he or she passes the test. Replacement patches may be purchased in the office. Guests will be given one wristband at the time of their initial test, and may purchase additional bands on subsequent visits.

- Actions that could lead to injury, or which would be likely to impede another person's right to use the pool without undue disturbance, are prohibited. Such actions include, but are not limited to, running on the deck, pushing, wrestling, dunking, and towel snapping, or tossing a person while in or into the water, or intentionally and forcefully splashing water at another person. The judgment of the guard or manager on duty will determine if specific actions violate this rule. The judgment of a guard or manager in such situations is not protestable.
- Jumping, climbing, or sitting on the fence between the pool deck and grass area is prohibited. Enter and exit at the foot baths only.
- Pool employees are not allowed to assume custody of small children except during scheduled aquatic instruction periods.
- Recreational or personal flotation devices are not permitted in the main pool except at specifically designated functions. Exercise devices, such as kick boards and aerobic exercise belts, are permitted for use by adults as long as they are being actively used in a group or individual exercise program. Other flotation devices may be used by adults for exercise at discretion. Face masks or goggles with glass lenses, toys, balls, or other objects are not permitted in the main pool. Small buoyant toys are permitted in the baby pool.
- Water wings may be worn by children in water less than 4 feet deep only if an adult guardian is within an arm's length of the child wearing the water wings.
- Wheeled vehicles and playpens are permitted in the grass areas or baby pool enclosure only.
- Only soft soled shoes may be worn on the pool deck area.
- Other than volleyballs and basketballs, ball playing is permitted on Club grounds using Club supplied balls only. Member and guests may not bring in their own baseballs, softballs, footballs, kickballs, etc.